Sports Supplements at Work: Olympic Speedskater Reutter Wins 17th Medal - Credits D-Ribose

CHICAGO, Nov. 23 /PRNewswire/ -- As the Olympic countdown clock approaches 80-days-to-go short track speedskater Katherine Reutter ('Roy-ter')(Champaign, IL) is firing on all cylinders and appears poised for a breakout performance in her upcoming Olympic debut in Vancouver.

Reutter's last three remarkable months of skating have resulted in six new World Cup medals, two American records, a third consecutive US National Championship, securing her first Olympic Team birth and a near-miss on a World Record attempt. Now with seventeen (17) career World Cup medals Reutter has surpassed teammate Allison Baver (12 medals) to boast the largest collection of short track World Cup medals of any woman on the team and ranking her within the elite of the sport's best-ever-skaters. Reutter will begin the Olympic Games ranked third overall in the world and hopes to cap off an already noteworthy season with an Olympic podium appearance.

"It's been a great few months, no doubt about that," said Reutter. **"But the job is not done yet. Everyone is going to up their game at the Olympics, I'm expecting that, and I plan on doing the same. My goal now is to be better than I've ever been before on a few particular nights this February."**

Reutter, credits her increasingly frequent appearances on the medals' podium to her commitment to training and diet, which includes daily supplementation with D-Ribose, critical to improved energy for sustained effort in workouts and faster recovery between sessions.

"I've trained harder than ever before during this past year and I've been supplementing with Ribose the whole time. I've felt the difference in my energy level for a long time and now that the competition season is underway it's incredibly satisfying to have it all translate to standing on the podium," said Reutter.

Bioenergy D-Ribose stimulates the synthesis of ATP, the essential energy compound found in every cell in the body. ATP is critical for maintaining normal energy-related functions, and D-Ribose is the essential component. Traditionally used to aid cardiovascular health, D-Ribose has begun making inroads in the sports nutrition market as a healthy, natural means of gaining a competitive edge.

For information visit: www.KatherineReutter.com

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