



## **PRESS RELEASE**

*For Immediate Release*

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## **BIOENERGY RIBOSE® HELPS ELITE SPEED SKATER KATHERINE REUTTER WIN TWO OLYMPIC MEDALS**

**MINNEAPOLIS, MN -- MARCH 12, 2010 (NPEW BOOTH #630)** – Speed skater Katherine Reutter fulfilled some big dreams in a dramatic debut at this year's Winter Olympics. Winning a silver medal in the 1,000-meter race, Reutter (pronounced ROY-ter) became the first US woman in 16 years to take home an individual Olympic medal in short track skating. In addition, as a member of the US relay team, she captured a bronze.

An exceptionally determined athlete who pushes herself beyond anyone's expectations, Reutter arrived in Vancouver well prepared. She already held 17 World Cup medals in short track, including two gold -- more than any other woman on the US team.

"This past year, I have trained harder than ever before, and I've been supplementing with Bioenergy Ribose® the whole time," she says. "Because it's a natural ingredient, I feel good using it." To prepare for competition, Reutter's grueling regimen requires almost superhuman energy. During peak training season her workouts last six to seven hours per day, including rigorous routines on the ice, strength training in the gym, cycling and running for endurance, and yoga.

Decades of scientific research show that Bioenergy Ribose® supports sustained energy during such exhaustive workouts and speeds recovery between sessions. "I've felt the difference in my energy level since taking Bioenergy Ribose®," says Reutter, "and it's incredibly satisfying to have it all translate to standing on the podium."

Other athletes also credit Bioenergy Ribose® with improving recovery and performance. They include: Shannon Bahrke, Winter Olympic 2010 bronze medal winner, women's moguls; Melanie Roach, Olympic weightlifter; and tennis pro Eric Butorac.

Ribose is one of the key components of ATP (adenosine triphosphate), the primary form of energy used by every cell in the body. "Intense exercise rapidly depletes ATP," says Joseph C. Maroon, MD, professor of neurosurgery at the University of Pittsburgh and team neurosurgeon for the Pittsburgh Steelers.



“Ribose supplementation,” says Maroon, “can help to quickly restore energy and reduce muscle fatigue and pain associated with vigorous or prolonged exercise.” A triathlete who has completed six Ironman races, Maroon speaks from experience as well as scientific knowledge: “I consider ribose an essential component of my recovery program.”

Bioenergy Life Science, Inc. ([www.bioenergy.com](http://www.bioenergy.com)) focuses its core technology on Bioenergy Ribose®, a clinically proven, patented, active energy ingredient that reduces fatigue, and quickly replenishes and sustains energy at a cellular level. Bioenergy Ribose® is the only ribose solution to receive a GRAS (generally regarded as safe) affirmation, no questions letter from the Food and Drug Administration (FDA). A safe, naturally occurring carbohydrate, ribose is used in many energy drinks, bars and supplements.

For more information, or to schedule an interview, contact Renee Cooper of Christie Communications at 805-962-1347 or [rcooper@christiecomm.com](mailto:rcooper@christiecomm.com).

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